

THE IMPACT OF TRAUMATIC LOSS
A Workshop for Loss & Bereavement Caregivers

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Description:

Bereavement after the sudden, unexpected, and violent death of a loved one often creates an extraordinarily difficult healing journey for survivors. This unique training will provide an overview and update on what we know about the impact of traumatic deaths such as suicides, homicides, and accidental deaths. We will begin with an exploration of the significant changes in our understanding of the mourning process that are emerging from new bereavement models and research findings. The implications of these new ways of viewing grief for understanding the response to traumatic loss will be discussed. Building on this, we will also investigate new intervention models that are developing within the fields of traumatology and thanatology. While drawing primarily on the presenter's extensive experience working with survivors of suicide loss, the information presented will have wide applicability to work with people who have lost a loved one to any type of sudden or violent death. The conference will also offer a number of experiential opportunities for participants to reflect on, journal about, and discuss their professional work with other participants. The conference will be informed by research and clinical experience, and will include the use of didactic lecture, case discussion, audiovisual presentation, reflective writing exercises, and discussion with fellow conference participants.

Schedule:

Day One: Understanding Traumatic Loss and Its Impact

8:15 – 9:00AM	Registration
9:00 – 10:30	Introductions; What is Griefwork? New Ideas in Thanatology; Writing/ Discussion Activity
10:30 – 10:45	Morning Break
10:45 – 12:15PM	What is Traumatic Grief? Understanding Trauma, Complicated Grief, and Traumatic Grief; Case Examples
12:15 – 1:15	Lunch
1:15 – 2:45	Common Themes in Traumatic Loss for Individuals and for Families; Suicide Survivors as an Example of Traumatic Grief; Case Examples
2:45- 3:00	Afternoon Break
3:00 – 4:30	Case Study; the Impact of Work with Traumatic Loss on Caregivers; Summary & Closing Writing/Discussion Exercise

Day Two – Intervention with Traumatic Loss

9:00 – 10:30	Research on Bereavement Interventions; Considerations in Assessment & Treatment Planning; Case Examples
10:30 – 10:45	Morning Break
10:45 – 12:15PM	Foundations of Grief Counseling; Clinical Guidelines for Work with Traumatic Loss; New Interventions for Traumatic Loss – Case Examples
12:15 – 1:15	Lunch
1:15 – 2:45	Foundations of Grief Counseling; Clinical Guidelines for Work with Traumatic Loss; New Interventions for Traumatic Loss – Case Examples - <i>Continued</i>
2:45- 3:00	Afternoon Break
3:00 – 4:30	Case Study; Writing/Discussion Exercise on Your Own Work; Summary and Closing Exercise