

John R. Jordan, Ph.D.

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Informed Consent Form

Information about a Virtual Clinical Consultation with John R. Jordan, Ph.D.

Introduction

I am a Clinical Psychologist in private practice in Pawtucket, Rhode Island. For most of my career, my specialization has been grief therapy, and within that specialization, I have focused primarily on helping people who have lost someone to suicide (commonly called suicide loss survivors). I have been doing clinical work for over 40 years, and at the end of 2018, I retired from doing on-going grief therapy with clients. I have not accepted any new patients since that time. I do continue to do training, mostly of other mental health professionals, about working with suicide loss survivors. I am also offering a single session Clinical Consultations (CC) for people who are bereaved by suicide (or other traumatic losses). This document describes the parameters of these clinical services. For more information about my trainings and my background, please see my website at <https://www.johnjordanphd.com/>.

Clinical Consultations (CC)

What is a Clinical Consultation?

Briefly put, a Consultation with me is a conversation about four things:

- The nature of your loss (who died, when they died, the circumstances of their death, etc.)
- How you are coping with the loss (what, if anything, seems to help you deal with your grief, what problems & symptoms are you having, etc.)
- What are your greatest concerns about how you are doing?
- What are the next steps in taking care of yourself, including finding additional help for yourself?

What a Clinical Consultation is Not

It is important that you have a full understanding about what a Consultation cannot provide. First, the CC is ***not*** therapy, or a substitute for therapy, since I am not able or willing to do on-going grief therapy with people online. This means that I cannot provide all of the resources that an on-going, in-person therapy relationship can provide, including multiple sessions, emergency coverage, and referrals to clinicians near you for

additional treatment or medication. In short, what I can provide for you is a discussion with an experienced mental health professional about the impact of a suicide or other traumatic loss on your life, and conversation about steps that you might take to help yourself on your journey – that is, a Clinical Consultation.

Logistics

What is required to have a Clinical Consultation?

I provide the Consultation via the ZOOM online conferencing platform (see <https://zoom.us/>). This requires that you have the ZOOM app downloaded on your computer (desktop or laptop), or mobile device. The app is free, and easy to use. Your device needs to have both a camera and microphone, either built in or attached (many, if not most modern digital devices include both of these). If we schedule a Consultation, I will e-mail you an invitation to join a meeting with me at a specific date and time that we have agreed upon via e-mail correspondence. The invitation will have a link that you simply click on, and it will take you to the meeting place with me. ZOOM works on both Windows and Apple based computers, as well as Android and IOS mobile devices.

What are the details of a session?

The CC will normally run for not less than 60 and not more than 90 minutes. You should have a cellphone with you, so that if there are technical problems, we can talk on the phone. You should find a room to join the session that is quiet and private, so that you are free to speak, and ideally, will not be interrupted.

When are sessions scheduled?

I practice out of Rhode Island, U.S.A. which is on Eastern U.S. time. Generally, I am available for sessions on weekdays between 9:00 am and 5:00 pm, although in exceptional situations, I can schedule a session in the evening or on the weekend. We will negotiate a time and date for the CC via e-mail.

How much does a Consultation Cost?

I charge \$200 per hour for my time, so a standard 60 minute session would cost you \$200 and a 90 minute session would cost \$300. I can be paid using my PayPal account, or by a cashier's or bank check denominated in U.S. dollars and made out to John R. Jordan, Ph.D. I do not deal with or submit forms or bills to any third-party payers, such as Blue Cross/Blue Shield or other insurance companies.

Next Steps

To set up a Clinical Consultation session, you will need to:

- Read through this document carefully, then read and sign this informed consent statement at the end.
- Fill out the brief Information Form that accompanies this document. It asks for your contact information, an emergency contact person, the problems you have been

having, and a brief description of your reasons for seeking a consultation. Please return the Information Form to me via email attachment (Word document or PDF file). You can also mail the completed form to me at the Rhode Island address listed above.

- Please note that if more than one person will be participating in the CC, please have each person fill out and sign this Form and the Information Form (for example, if your partner wishes to participate).

Once I have reviewed the Forms, I will contact you to schedule a session. I will also answer any questions that you may have.

Thanks.

John R. (Jack) Jordan, Ph.D.

Signature(s)

Name (Please Print)

Name (Please Sign)

1. _____

2. _____

Today's Date _____